What is claimed is:

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1. Amoving picture file distributing device which receives a moving picture file by uploading and stores it in storage means, and distributes the moving picture file stored in the storage means to a client by downloading, comprising:

upload buffer generating means for dynamically generating an upload buffer for temporarily holding a moving picture file at the time of reception for each session; and

download buffer generating means for dynamically
10 generating a download buffer for temporarily holding a moving
picture file at the time of distribution for each session.

2. A moving picture file distributing device according.

15 to claim 1, comprising:

means for, after holding an entire moving picture file in the upload buffer is completed, transferring the moving picture file to the storage means; and

means for, after an entire moving picture file is
transferred to the storage means, eliminating the upload buffer,
wherein the upload buffer generating means generates an
upload buffer when uploading is started.

3. A moving picture file distributing device where a moving picture file has a fragment form according to claim 1, comprising: means for, each time holding fragments in a moving picture

file in the upload buffer by one fragment is completed, transferring the fragments to the storage means; and

means for, after all fragments in a moving picture file are transferred to the storage means, eliminating the upload 5 buffer,

wherein the upload buffer generating means generates an upload buffer when uploading is started.

4. A moving picture file distributing device according to claim 1, comprising: the experience of the second second

means for, at the same time with the generation of the download buffer, transferring a moving picture file to be downloaded from the storage means to the download buffer; and

means for, after an entire moving picture file is downloaded, eliminating the download buffer,

wherein the download buffer generating means generates a download buffer when downloading is started.

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5. A moving picture file distributing device where a moving picture file has a fragment form according to claim 1, comprising:

means for, at the same time with the generation of a download buffer, transferring a moving picture file to be downloaded from the storage means to the download buffer by one fragment; and means for downloading fragments from the download buffer,

and eliminating the download buffer after all fragments in a

moving picture file are downloaded,

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wherein the download buffer generating means generates a download buffer when downloading is started.